

# October

# 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>30</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	<b>1</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>2</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>3</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>4</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	<b>5</b> Men's Bible Study 7:00a	<b>6</b>
<b>7</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	<b>8</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>9</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>10</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>11</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	<b>12</b> Men's Bible Study 7:00a	<b>13</b>
<b>14</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	<b>15</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>16</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>17</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>18</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	<b>19</b> Men's Bible Study 7:00a	<b>20</b>
<b>21</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	<b>22</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>23</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>24</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>25</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	<b>26</b> Men's Bible Study 7:00a	<b>27</b>
<b>28</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	<b>29</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>30</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	<b>31</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing No Evening Classes	<b>1</b> 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	<b>2</b> Men's Bible Study 7:00a	<b>3</b>