

January

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	31 Closed for Holiday	1 Closed for Holiday Happy New Year!	2 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	3 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	4 Men's Bible Study 7:00a
5	6 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	7 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	8 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	9 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	10 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	11 Men's Bible Study 7:00a
12	13 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	14 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	15 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	16 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	17 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	18 Men's Bible Study 7:00a
19	20 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	21 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	22 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	23 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	24 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	25 Men's Bible Study 7:00a
26 Women's Self Defense Class 3:00p	27 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 6:00p Kickboxing	28 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	29 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	30 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	31 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	1 Men's Bible Study 7:00a